



CHRISTUS DUBUIS  
Hospital of Hot Springs

**Community Health  
Implementation Plan**

**2022 - 2022**

# 2020 -2022 Community Health Improvement Plan for CHRISTUS DUBUIS of Hot Springs

## MISSION FOR IMPLEMENTATION

CHRISTUS DUBUIS of Hot Springs, Arkansas is a long term acute care hospital (LTACH) located within CHI St. Vincent Hot Springs. CHRISTUS DUBUIS of Hot Springs provides care to patients who require acute care over an extended period of time and is co-owned and operated by LHC Group of Lafayette, LA in a joint venture with CHRISTUS Health. CHRISTUS Health was formed in 1999 to strengthen the Catholic faith-based health care ministries of the Congregations of the Sisters of Charity of the Incarnate Word of Houston and San Antonio that began in 1866. Founded on the mission “to extend the healing ministry of Jesus Christ,” CHRISTUS Health’s vision is to be a leader, a partner, and an advocate in creating innovative health and wellness solutions that improve the lives of individuals and communities so that all may experience God’s healing presence and love.

As part of this effort and to meet [federal IRS 990H requirements](#), this document serves as a community health improvement plan (CHIP) report for CHRISTUS DUBUIS of Hot Springs. This report is the companion piece to the Community Health Needs Assessment (CHNA) report that was finalized June 2019 (see separate document), and based, in part, off several needs identified in that document.

## TARGET AREA/ POPULATION

CHRISTUS DUBUIS of Hot Springs sees patients from the following counties in Arkansas. Due to the nature of the long term acute care industry, the regulatory bodies that oversee and govern the types of services that are provided, and the limited resources available to address the needs highlighted within the CHNA, patients admitted to CHRISTUS DUBUIS of Hot Springs will serve as the target population for most of the implementation strategies discussed in this report.

CHRISTUS DUBUIS of Hot Springs Counties	
Clark	Hot Springs
Garland	Montgomery
Yell	Saline

## PRIORITY HEALTH NEEDS

Leadership for CHRISTUS DUBUIS of Hot Springs was provided with a draft community health needs assessment report May 2019. A panel of experts comprised of both CHRISTUS staff and external partners representing various members of the community was tasked with reviewing the findings and determining which priority issues would be selected to address over the next three years as part of a community health implementation plan.

The panel took a number of things into consideration when choosing priorities. Some priorities were selected based off issue prevalence and severity according to county and regional secondary data. Input provided by key informants, focus group participants, and other community stakeholders was also

heavily considered, especially for priority areas where secondary data were less available. The official Community Health Needs Assessment report was finalized June 2019 (see separate document). Based on the process described above, the priority health needs selected by CHRISTUS DUBUIS of Hot Springs are:

1. Access to Healthcare
  - Primary Care
  - Chronic Disease Management

**SELECTED IMPLEMENTATION STRATEGY**

The following implementation strategies outline actions CHRISTUS DUBUIS of Hot Springs will take over the next three years to address the priority health needs listed above.

ACCESS TO CARE PRIORITY STRATEGY

CHRISTUS DUBUIS of Hot Springs will enhance access to primary care by supporting efforts to connect community members with organizations and / or resources in the region.

Major Actions	Sub-actions
<b>Ensure proper care for the chronically ill members in the community</b>	<ol style="list-style-type: none"> <li>1. Educate families about the disease process in all areas of the continuum of care</li> <li>2. Provide referral information that may assist patient with proper post-acute care</li> </ol>
	<p><i>Anticipated Outcome:</i> Better management of chronic diseases and reduced prevalence of readmission to the hospital for existing conditions.</p>

CHRONIC DISEASE MANAGEMENT PRIORITY STRATEGY

Reduce poor health outcomes associated with chronic diseases by providing disease management, education and follow up care.

Major Action(s)	Sub-actions
<b>Provide increased health education and follow up care that will improve long-term clinical outcomes for the chronically ill.</b>	<ol style="list-style-type: none"><li data-bbox="565 392 1422 457">1. Educate patient on how to manage chronic condition (e.g. collect data, wound care, med management).</li><li data-bbox="565 499 1422 636">2. Provide thorough case management follow up that assists with proper care (e.g. skilled nursing facility, Home Health, Palliative Care, obtaining Durable Medical Equipment, Social Determinants of Health such as food and transportation)</li></ol> <p data-bbox="565 642 1422 743"><i>Anticipated Outcome:</i> Reduced prevalence of further hospitalization for chronic conditions and improved overall health and quality of life for patient (and family / caregivers)</p>

**OTHER COMMUNITY NEEDS THAT CANNOT NOT BE ADDRESSED**

In an effort to maximize any resources available for the priority areas listed above, leaders and staff at CHRISTUS DUBUIS of Hot Springs determined that the following issues would not be included in their Community Health Improvement Plan (CHIP):

- Mental Health
  - Substance Use & Abuse
  - Suicide Prevention

CHRISTUS DUBUIS of Hot Springs, per CMS regulations, is not allowed to provide mental and behavioral health services and, as such, will not address either of these identified health needs found in the CHNA.