



Join our amputee support group

Are you an amputee looking for a supportive community? You're not alone.

CHRISTUS Good Shepherd's amputee support group offers a safe, welcoming space for individuals who have undergone amputation to connect, share experiences and find strength together.

What we offer:

- **Emotional support:** Share your journey with others who truly understand.
- **Practical advice:** Get tips and tricks for daily living, prosthetic care and rehabilitation.
- **Inspiration and motivation:** Hear success stories and gain the confidence to achieve your goals.
- **Social activities:** Participate in inclusive events and build lasting friendships.
- **Educational resources:** Access information sessions on health care, technology and more.

Whether you have had a recent amputation or have been living with one for years, our group is here to support you every step of the way. Join us and be a part of a community that cares.

For more information, contact us at 903.315.1812
or cgsvolunteers@christushealth.org.

