



# CHAIR YOGA

*Improve your balance, strength and flexibility*

## SCHEDULE OF CLASSES

<b>Apr 02 Thu</b>	3pm - 3:45pm	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505
<b>Apr 09 Thu</b>	3pm - 3:45pm	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505
<b>Apr 14 Tue</b>	11am - 11:45am	445 St. Michaels Dr, Santa Fe, NM 87505 (Community Room)
<b>Apr 16 Thu</b>	3pm - 3:45pm	2009 Botulph Rd, Ste 100 Santa Fe, NM 87505

\*Each class has a maximum of **14 seats** available

Please register with **Phy Encluna** or call **505-913-8951**