

Upper Single Balloon

Location: North Park Endoscopy Center, 910 E Houston Street, Suite 470., Tyler, Texas 75702 (Free parking in North Park garage).

Please note that your arrival time is 1 hour prior to your procedure time. This allows for you to get registered, health history, IV and to speak with anesthesia physician and physician performing the procedure. Please make sure you bring a picture ID and your insurance card with you to your appointment.

ATTENTION: You will be contacted 1 week prior to your procedure to confirm your date, time and receipt of instructions. It is extremely important that you confirm your procedure. If we do not receive confirmation by 12:00 pm 3 business days prior to your procedure, your procedure will be cancelled. If you need to reschedule or have any questions please contact our Tyler Procedure Schedulers at (903) 606-7475.

5 days before procedure:

- If you are on any of the medications below, please call the prescribing physician **IMMEDIATELY to find out how many days you will need to stop this medication.** **Your procedure may need to be rescheduled IF you cannot stop or substitute any of the below medications.**

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| 1. Aggrenox (dipyridamole) | 6. Heparin |
| 2. Brilinta (ticagrelor) | 7. Plavix (clopidogrel) |
| 3. Coumadin (Warfin) | 8. Pradaxa (dabigatran etexilate mesylate) |
| 4. Effient (prasugrel) | 9. Ticlid (ticlopidine hcl) |
| 5. Eliquis (apixaban) | 10. Xarelto (rivaroxaban) |

- If you are diabetic and take insulin and/or oral medications contact prescribing physician for clear liquid diet and medication instructions.

The day of the procedure:

- Do **NOT** eat or drink anything after midnight if your procedure is scheduled before 12:00 pm. If your procedure is scheduled after 12:00 pm, you may have clear liquids until **3 hours prior to your procedure time**. Your procedure will be cancelled if you eat any solid foods and may be delayed if it has been less than 3 hours since the last intake of clear liquids. Aspiration is a risk of the procedure if there are any liquids or solid food in the stomach.
- **NO SOLID FOOD**
Clear liquids include:
 - Juice (no red or purple or pulp)
 - Clear broth
 - Jello (no red or purple)
 - Soda, Gatorade, Sports drinks (no red or purple)
 - Black coffee or tea (no milk or cream)
- If you are on heart, blood pressure, and/or seizure medications, you **MUST** take this medications before you arrive with a small sip of water.
- You will be sedated for this procedure so you **MUST** bring an adult driver that will remain with you while you are having the procedure. You will **NOT** be allowed to go home by

taxicab or medical transportation unless you have a responsible adult riding with you that will make sure you get home safely. **YOU MAY NOT DRIVE UNTIL NEXT DAY.**

- If you wear dentures you will be asked to remove them for the procedure to prevent any damage. You will be provided a denture cup.
- Leave all personal belongings at home (jewelry etc). We do not take responsibility for lost valuables. Please bring your insurance cards and driver's license with you.
- All female patients that have **not** had hysterectomy, are currently on birth control or have had a menstrual cycle in the past 2 years must have a urine test upon arrival.
- No gum or tobacco products the day of procedure.

DISCLAIMER: IMPORTANT INSURANCE INFORMATION

If you have been scheduled for a routine/screening colonoscopy, please pay close attention to this information. For questions regarding any of the following, please contact financial counselor in Tyler: **Contact Beverly Davis 903-606-4573 beverly.davis@christushealth.org**. Please allow 24-48 hours for a reply.

The purpose of this screening is to look for cancer or pre-cancerous conditions. This may cause a change in your benefits should we find something. We have staff that can help guide you through this process and offer options to assist in any financial concern you may have. If you have any questions on what you may be financially responsible for this procedure you may contact the financial counselor listed above.

If you are a returning client to CHRISTUS Trinity Mother Frances Hospitals and Clinics and have any outstanding financial balances from previous visits, these may need to be collected prior to any elective procedures. If you would like consolidate all of your accounts into one simple monthly payment plan, please contact one of our financial counselors listed above.

If you do not need to consolidate but would like a monthly payment plan you can expect to pay at least 20% of your estimated financial responsibility (deductible and/or co-insurance) prior to the procedure. To find out that amount please call our patient financial support services team at the number listed above.